



Chernobyl Children's Life Line
Portsmouth and Hayling Island Link

Registered Charity 1014274

Help Needed

Each year we arrange for the visiting children from Chernobyl to have a four week recuperative break, away from contaminated food, water and air which boosts their immune systems to make a real difference to their health and wellbeing.

During the visit we try to give the children many of the commodities they will need while they are here but also for their return home. The following lists of items are the things we still need for the group of 12 children visiting your area this summer!

- Good Quality Second Hand Boys & Girls Clothes (10-13 yrs)
- Boys and Girls Underwear - Socks and Pants (10-13 yrs)
 - ***New only***
 - Boys and Girls Pyjamas (10-13yrs)
 - Swimming Towels,
 - Seeds,
 - Sanitary Towels,
 - Plasters,
 - Vitamins,
 - Dry, long lasting and lightweight food (tea, coffee, dried soup, noodles)
- And Suitcases to take it all home in!

Please contact us for more details on how to donate or information on what we do and how you can help:

Email: portsmouth@phil-ccll.org.uk

Web: www.phil-ccll.org.uk